SmartGoals

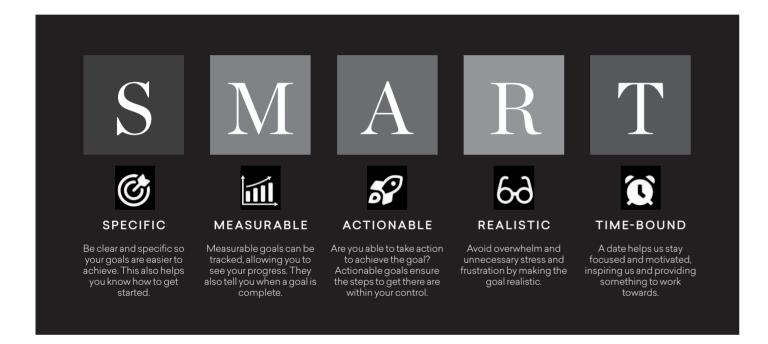




Goal-setting will allow you to become more responsible for your learning. It will help you to prioritise what is important and help you to work out where you are going and how you will get there.

There are different types of goals including **Mastery Goals** and **Performance Goals**.

e.g. In English, I want to refine my paragraph structure (mastery) and receive 80% in my next assessment task (performance).



I earn More

https://biglifejournal.com/blogs/blog/guide-effective-goal-setting-teens-template-worksheet https://www.kiddiematters.com/goal-setting-coaching-adolescents-successful-life/https://www.mindtools.com/a4wo118/smart-goals https://link.springer.com/article/10.1007/s11031-021-09879-1



Goal #1	
Define Goal:	Measurable Steps:
O Mastery Goal O Performance Goal	
Rate your current performance	
Excellent Good Medium Poor Very Bad	
Challenges:	
Why might you find this goal difficult? What's holding you back?	
Resources:	Review Date:
	Reward:
Where can you look for information? Who can you ask for help?	
Review	
Rate your current performance	Adjustments:
Excellent Good Medium Poor Very Bad Obstacles	Next Steps:
	Review Date:





Goal #2		Goal #3	
Define Goal:	Measurable Steps:	Define Goal:	Measurable Steps:
O Mastery Goal O Performance Goal		O Mastery Goal O Performance Goal	
Rate your current performance Excellent Good Medium Poor Very Bad Challenges:		Rate your current performance Excellent Good Medium Poor Very Bad Challenges:	
Why might you find this goal difficult? What's holding you back? Resources:	Review Date:	Why might you find this goal difficult? What's holding you Resources:	back? Review Date:
	Reward:		Reward:
Where can you look for information? Who can you ask for help?		Where can you look for information? Who can you ask for	help?
Review		Review	
Rate your current performance	Adjustments:	Rate your current performance	Adjustments:
Excellent Good Medium Poor Very Bad Obstacles	Next Steps:	Excellent Good Medium Poor Very Bad Obstacles	Next Steps:
	Review Date:		Review Date:
		:	

